

**Canadian Kendo Federation**

August 2018 Grading (Calgary + Vancouver)

Jodo Written Examination Questions



Please answer the five questions that are applicable for your grade. Please send your response to [jodonationalwrittenexam@kendo-canada.com](mailto:jodonationalwrittenexam@kendo-canada.com) prior to August 11<sup>th</sup>, 2018.

**LATE SUBMISSIONS WILL BE REFUSED.**

**INCLUDE THE FOLLOWING INFORMATION WITH YOUR SUBMISSION**

Name: \_\_\_\_\_ Dojo: \_\_\_\_\_

CKF ID# \_\_\_\_\_

**1-Kyu**

The following questions should be answerable with consultation of the ZNKR seitei jodo manual, your sempai, and/or your sensei.

1. What characteristics of the Jo give it the advantage over the sword?
2. Describe the jo, body and eye positions in the opening bow to the shomen.
3. Describe the English meaning of suigetsu.
4. Describe the position on the body of the suigetsu.
5. Name all the Seitei Jodo katas.

**1-Dan**

The following questions should be answerable with consultation of the ZNKR seitei jodo manual, your sempai, and/or your sensei.

1. With the aid of a diagram, show the foot and body position for ma-hanmi e.g. when in hikiotoshi kamae for instance.
2. Explain what is meant by Ki-Jo-Tai-Ichi?
3. What is the approximate overlap of sword and jo in the awase position?
4. Describe what is meant by the Japanese term Ma-Ai, and the types of Ma-Ai encountered in Jodo.
5. Name the 5 principal Kamae or ready postures assumed with the tachi.

**2-Dan**

The following questions should be answerable with consultation of the ZNKR seitei jodo manual, your sempai, and/or your sensei.

1. Describe the two main types of Ma-Ai encountered in the second kata of the ZNKR jodo set.
2. Explain the procedure for practicing Honte Uchi during Sotai Dosa.
3. Describe why the suigetsu is an often used target.
4. What characteristics of the Jo give it the advantage over the sword?
5. Explain the front hand position in Gyakute Uchi.

### **3-Dan**

The following questions should be answerable with consultation of the ZNKR seitei jodo manual, your sempai, and/or your sensei.

1. Explain the awase position taken in hisage making reference to the critical distance and timing during the movement.
2. Explain the relationship of the timing between shi and uchi during the first attack of Suigetsu and how that affects the distance?
3. When teaching a beginner Honte-Uchi kihon, what points would you emphasize?
4. Explain Zanshin.
5. What year and by whom was Seitei Jodo created?